

Children's Activity Camps

February 20 - 23, 2018

Program Description

The Children's Activity Camps are weeklong, half-day camps for children ages 5 to 12. A variety of different sports and activities are offered to provide children with an opportunity to learn new skills in a safe, fun, non-competitive environment. The emphasis in the camps is to have fun, meet other children, and become physically active.

Participants may register in either a morning or an afternoon camp, or they may register in both if they wish to stay for a full day of activity. Camps run from

8:30 a.m. – 12:00 noon and from 1:00 – 4:30 p.m., with lunch supervision provided for children staying all day.

Please note although lunch supervision is provided – children must bring their own lunch and parents MUST register for this service at the time of registration.

We offer an extended hours program where children are supervised from 8:00 – 8:30 a.m. and 4:30 – 5:30 p.m. at a cost of \$35 per child for the week.

Children's
Activity
Camps

Registration begins Monday, August 14th, 2017!

Register at beactive.usask.ca or call (306) 966-1001



Offerings

How the Body Moves

(Ages 5-8 at the Physical Activity Complex)

Children in this camp will gain experience in the basic, fundamental movement patterns involved in gymnastics. Many skills are taught in a game setting, which makes this camp suitable and enjoyable for younger participants. Throughout the week, children will be exposed to a variety of gymnastics apparatus' including balance beams, bars, rings, and parallel bars.

Sports and Water Mania

(Ages 5 – 8 at the Physical Activity Complex)

Children will be introduced to and participate in a variety of cooperative games and sports over the course of the week. An emphasis will be placed on fun, social interaction, and skill development. Pool time each day will consist of co-operative games. All children are required to wear PFDs in the pool.

Basketball

(Ages 8 – 12 at the Physical Activity Complex)

Children will be introduced to fundamental basketball skills including dribbling, passing, and shooting. Children will learn these skills through various drills and games. Instruction will provide progression from individual skill development to team skills by the end of the week.

Sports "R" Fun and Wall Climbing

(Ages 8 – 12 at the Physical Activity Complex)

Children will receive instruction in one different sport each day and will experience climbing the wall in the PAC. Please note waiver forms MUST be filled out prior to children being allowed on the wall. Certified instructors and climbers will belay for the children during the week.

Prices

\$130.00 half day

\$260.00 full day

\$35.00 extended hours

8:30 am – 12:00 noon

How the Body Moves Ages 5-8 (Limit 24)

Basketball Ages 8-12 (Limit 28)

1:00 pm – 4:30 pm

Sports and Water Mania Ages 5 – 8 (Limit 28)

Sports "R" Fun and Wall Climbing Ages 8 – 12 (Limit 24)

