

University School of Dance

Coordinator: Michelle Weimer

Philosophy

For over 55 years it has been the philosophy of the school that dance should be a personally rewarding and positive experience for each and every child. Children should enjoy their dance classes and thrive in the non-competitive atmosphere that our school offers. Most children may not become professional dancers, but they should have the opportunity to gain what dance offers in terms of building positive self-esteem and developing creativity, critical thinking, and an appreciation for dance as an art form. Our teachers have extensive technical knowledge, not only in the dance form that they teach, but also in the many teaching strategies that are required to accommodate the various learning styles of children. Although we recognize that some competition is healthy, and opportunities are available for those who wish to, we do not believe that competition plays a role in presenting dance as an art form. Children should be motivated to do well because they want to explore the joy of dance under the guidance of warm and nurturing teachers.

Tuition rates are based on the number of classes taken. For example, if your child is taking two - 1 hour long classes, you pay the 2 hour rate or if you have 2 children each taking a 1 hour class, you pay the 2 hour rate.

- Fees are calculated by a total number of hours per week of classes taken.
- Maximum dance fee will not exceed \$2200
- Extra classes for privates, examinations, and competition are not included in this schedule.

**• Partial/Full FUNDING IS AVAILABLE!
Call or email coordinator for more information.**

michelle.weimer@usask.ca
(306) 966-1005

Why Take More Than One Class?

Students who wish to intensify their training in a particular dance style should take more than one class, as well as ballet, to enhance their development of technique. Students taking more than one class per week, including one of each of the different dance styles, will enjoy the technical cross-over benefits.

Fee Schedule:

1/2 hour	\$400	3 hours	\$1400
3/4 hour	\$450	3 1/4 hours	\$1500
1 hour	\$500	3 1/2 hours	\$1600
1 1/4 hours	\$750	3 3/4 hours	\$1700
1 1/2 hours	\$850	4 hours	\$1800
1 3/4 hours	\$900	4 1/4 hours	\$1900
2 hours	\$950	4 1/2 hours	\$2000
2 1/4 hours	\$1100	4 3/4 hours	\$2100
2 1/2 hours	\$1200	5 hours	\$2200
2 3/4 hours	\$1300		

Note: Hourly rate for fees is rounded to the next closest hour and apply to families who have more than one child taking classes in the school and/or dancers taking more than one class.

Athletes take ballet classes to strengthen the core and increase flexibility!



Example:

One child taking	Regular Price	Discounted price:
Grade 3 Ballet (1 hour)	\$500	2 ¾ hours
Level 3 Jazz (1 hour)	\$500	
Level 3 Tap (¾ hour)	\$475	
Total	\$1475	\$1300
Savings		\$175
Two children enrolled	Regular Price	Discounted price:
Pre-Primary Ballet (¾ hour)	\$475	3 ½ hours
Level 2 Jazz (1 hour)	\$500	
Level 2 Tap (¾ hour)	\$475	
Grade 2 Ballet (1 hour)	\$500	
Total	\$1950	\$1600
Savings		\$350

Payment Options:

For those students only taking one class:

- **Full payment with Visa, Mastercard, AMEX, debit card, cheque, or cash at the time of registration.**
- **Two cheques of equal payment will be accepted.**
The first one dated at the time of registration and the other for November 1, 2017.
- Make cheques payable to: **University of Saskatchewan.**

For those students who take more than one class or those parents who have more than one child enrolled in the school of dance:

- **Full payment at the time of registration with Visa, MasterCard, AMEX, debit card, cheque, or cash at the time of registration.**
- **Two cheques of equal payment will be accepted.**
The first one dated at the time of registration and the other for November 1, 2017.
- **Six cheques of equal payment will be accepted.** The first cheque dated at the time of registration and the others should be dated September 30, October 31, November 30, December 31, 2017 and January 31, 2018. Make all cheques payable to: **University of Saskatchewan.**
***Note: Payment plans by post-dated cheques only. We will no longer accept pre-authorized credit card debits of equal monthly payments. NSF CHARGES APPLY.*
- Make cheques payable to: **University of Saskatchewan.**

NSF Policy:

Cheques returned due to non-sufficient funds will be charged a \$25.00 NSF fee. Payment or arrangement of payment must be made within 14 days or the student(s) will not be considered registered and may be asked to withdraw from the program. Cheques will not be accepted from customers with an outstanding balance or who have previously had cheques returned.

Please allow at least 4 weeks for cheques to clear.

Cancellation/Withdrawal Policy:

There is a \$20.00 administration fee for withdrawals/cancellations. Prior to the first class, those who withdraw will receive a full refund less the \$20.00 administration fee. Refunds will be pro-rated (less administration fee) for withdrawals and cancellations up to December 1st, 2017.
There will be no refunds after December 1, 2017.

Classes may be cancelled due to insufficient enrollment, please register by the second week of classes each term.

Dates to Remember

Classes Begin: Children	Monday, September 11, 2017
Adults: Term 1	September 25 - December 11, 2017 (no classes Nov. 13 - 17, 2017 for fall midterm break) *Free Drop In Week: Sept 18-22, 2017
Adults: Term 2	January 22 - April 5, 2018 (no classes Feb 17-23, 2018) *Free Drop In Week: Jan 15-19, 2018
Yoga Dance: Term 1	September 23 - December 9, 2017 (no classes Oct. 7/Nov. 11, 2017)
Yoga Dance: Term 2	January 27 - April. 14, 2018 (no classes Feb. 17/March 31, 2018)
Thanksgiving	Saturday, Oct. 7, 2017 - Monday, Oct. 9, 2017 (no classes)
Remembrance Day	Saturday, Nov. 11 - Monday, Nov. 13, 2017 (no classes)
Parents' and Friends' Week	October 23 - October 27, 2017 (inclusive)
Christmas Break	December 22, 2017 - January 5, 2018 (no classes)
Parents' and Friends' Week	February 5 - February 10, 2018 (inclusive)
Mid-Term Break	February 17 - February 23, 2018 (no classes)
Easter Break	Friday, March 30, 2018 - Friday, April 6, 2018 (no classes)
Picture Day	PAC Studio (April/May 2018) TBA
Annual Dance Recital	St. Joseph's Theatre (May 2018) TBA

Descriptors

All dance forms have ballet technique at their base. Students with strong ballet technique will progress more rapidly in other dance forms. We strongly encourage students who study jazz, tap, or musical theatre to include a ballet class as part of their training.

Creative Dance

Creative Dance: Ages 4 and 8 years.

Child must be 4 or 5 years old by December 31, 2017. No previous dance experience is needed. The focus is on self-expression, creativity, rhythm and musicality through movement. Emphasis is placed on proper placement and spatial awareness. These classes prepare the child for entry into more technical dance classes.

Dress Requirements: Girls: Black tank leotard and leggings. Boys: Black or white t-shirt and shorts or sweatpants. Bare feet.

Important Information: Students taking the following dance classes do not necessarily advance to the next level each year. Often it takes at least 2 years to learn, complete, and be proficient in the technical work of each level. Please see the teacher or coordinator for the appropriate class placement each year.

Classical Ballet

Ages 6 and up. Child must be 6 years old by December 31, 2017.

The University School of Dance follows the children's Royal Academy of Dance syllabus as training for ballet. Ballet technique is the root of all performance oriented dance forms and helps develop poise, flexibility, strength, and proper alignment as well as precision, agility, and fluidity in movement. Students who include ballet as part of their dance training, will experience it's technical benefits in their other dance classes and should advance in level and skill more rapidly than those who do not include ballet. It is recommended that those dancer's involved in competitions and in the advanced levels of jazz and tap take at least one ballet class to strengthen their technique.

Dress Requirements:

- **Pre-Primary and Primary:** Leotard Mondor style # 1645 (pink tank style), ballet pink tights, ballet slippers with elastics (no split sole shoes or ribbons)
- **Grade 1 & 2:** Leotard Mondor style # 1645 (light blue tank style), ballet pink tights, ballet slippers with elastics (no split sole shoes or ribbons) and character shoes with pink elastic and the lower heel.
- **Grades 3:** Leotard Mondor style # 1645 (navy blue tank style), ballet pink tights, ballet slippers with elastics (no split sole shoes or ribbons) and character shoes with pink elastic and cuban heel.

- **Grade 4 and up:** Black tank classic style leotard, ballet pink tights, ballet slippers with elastics (no soft pointe shoes), and character shoes with pink elastic and cuban heel.

- **Boys Uniform:** White short-sleeve leotard or tight t-shirt, black leggings, white socks, and black ballet slippers with elastics.

Beginner/Teen Ballet

Ages 9-12 years/Ages 13 and up.

No previous dance experience is necessary. For those students just beginning or wish to improve their technique in another discipline.

Advanced Ballet Classes

Open Ballet Class: Designed for the dancer who has worked at the equivalent of the RAD Grade 6/Intermediate Foundations or higher. These classes are non-syllabus classes

Pointe Classes: *Permission required from coordinator and instructors.* Those dancers who are eligible for **Pointe must take 2 ballet classes per week, NO EXCEPTIONS, ATTENDANCE IS MANDATORY. Students who miss more than 4 classes may be asked to withdraw from the class with no refund. New pointe shoes must be purchased for the final showing by March 31st, 2018.**

***For all ballet classes, hair must be pulled up in a bun and off of the neck so that the instructor has a clear view of the body.*

Modern Jazz

Ages 5 years and up.

This class is for the student who wishes to learn the technique and various styles of Modern Jazz Dance. The class consists of a warm-up, jazz/ballet technique and movement combinations done to a variety of popular music.

Those students who are wishing to register in the Advanced Jazz class must also be taking a ballet class.

Dress Requirements: Any color tank leotard or t-shirt (boys), tights or sweats (boys) and black jazz shoes (all jazz classes except for Lyrical Jazz which require beige jazz shoes).

Lyrical Jazz

Ages 10 and up.

This class explores self-expression using ballet, jazz, and modern/contemporary technique. It focuses on smooth movement techniques that emphasize the lyrics of modern music.

Those students registering for lyrical jazz must be taking one jazz and one ballet class per week.

Dress Requirements: Any color tank leotard or t-shirt, tights or sweats, and beige jazz shoes.



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Musical Theatre

Ages 9 years and up.

These classes will emphasize the techniques of singing, acting/drama, theatre dance as well as music reading, theory and harmony. Students will develop a repertoire of solo and group songs and dances appropriate to their age level. Particular emphasis will be placed on breath control and the challenges of speaking and singing while dancing.

Dress Requirements: Black tank leotard, black leggings and black jazz shoes.

Highland Dance

Ages 7 years and up.

This is a high-energy dance form that uses similar techniques as ballet. Children learn a variety of dances (Fling, Sword and Lilt) to both traditional bagpipes and modern celtic music.

Dress Requirements: Black tank leotard or t-shirt, black leggings (short or long) and highland shoes (Beginners may wear black ballet slippers with elastics).

Tap Dance: Ages 6 years and up. These classes will explore the variety of rhythmic patterns through the development of basic tap techniques with an emphasis on creativity and self expression.

Dress Requirements: Black tank leotard or t-shirt and beige tap shoes (females) and black tap shoes (males).

No jingle taps or boots.

Hip-Hop: Ages 9 and up. If you want to groove like they do in dance videos and the clubs, then this is the class for you! Get your groove on and learn some hot dance moves from today's hottest hits.

Dress Requirements: regular sneakers or jazz sneakers.

Contemporary Dance: Ages 12 and up. These classes use creative/modern, ballet, and/or jazz technique to tell a story, present a theme, or emotion. Dancers who register for this class **must have** training in one or all of those areas.

Dress Requirements: leotard, tights, legging, yoga pants, or shorts, and bare feet.

Yoga Dance

Ages 4-12 years.

(10 weeks/term):

Let Your Yoga Dance is a creative dance program that combines yoga and breath with music from around the world. Allowing their yoga to dance, children have fun as they sway, jiggle, stomp, skip, jump, flow, and rest. This joy-filled dance emphasizes improving body, brain, and heart health. It helps children of all ages experience a blissful body, joyous heart, and a peaceful mind.

Dance for Special Populations

Kids...in motion Dance Team and Agility Ballet Company (ABC) is for children ages 7 years and up with mobility challenges whose primary mode of transportation is the wheelchair. The focus of the class is the development of a variety of locomotor, rhythmic and creative skills using enjoyable dance experiences. Children have the opportunity to explore a variety of dance forms such as ballet, jazz dance, and creative dance and to gain confidence through performances and workshops.

Dress Requirements: Proper dance attire. Agility Ballet Company auditions by invitation only.

Spiritflyers: This program is for children and youth, ages 7 years and up, who have cognitive and/or physical challenges. The program exposes the children/youth to a variety of dance forms such as ballet, creative movement, jazz and musical theatre. The primary focus is on developing proper technique for dance, expression of self through movement and confidence through personal presentation. Associated benefits include: the ability to follow instructions, and the development of concentration and socialization skills. Participants must be able to participate in the program independently.

Dress Requirements: Dance leotard or t-shirt (boys) and ballet slippers and /or jazz shoes.

Register online

at beactive.usask.ca or call 306-966-1001.

Adult Dance Classes:

Ballet, Jazz, Contemporary, Modern, Highland, Hip Hop, and Tap Dance

These classes are for the beginner or experienced adult dancer who either has never had the opportunity to take classes and would like to experience the benefits of dance or who is quite experienced but has not danced for several years and wishes to get back to taking classes for both fitness and enjoyment.

Each term runs for 10 weeks.

Term 1 - September 25, 2017
(Free Drop-ins Sept 18-22, 2017)

Term 2 - January 22, 2018
(Free Drop-ins Jan. 15-19, 2018)

Fee Schedule (10 weeks/term): The more hours taken, the greater the discount. Any refunds are pro-rated and only available within the first 3 weeks of each term. NO REFUNDS AFTER 2 REGULAR CLASSES. Classes may be cancelled due to insufficient enrollment, please register by the second week of classes each term.

¾ hour class:	\$100
1 hour class:	\$150
1 ¾ hours:	\$200
2 hours:	\$250
2 ¾ hours:	\$300

Drop in fee: \$18/class (1 hr) & \$15/class (45 min).
Please contact coordinator for more information.

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Staff

Michelle Weimer,

Coordinator, B.Ed. (Dance)

- Over 30 years teaching experience in jazz, creative dance and musical theatre at the University School of Dance
- Founding member/instructor of PAAL program
- Co-director/supervisor and founding member of Project Move
- Specialist in dance education
- A sessional lecturer College of Kinesiology since 1997

Kathleen Bindle

- 4th year teaching with the school
- Experienced in ballet, jazz, hip hop, lyrical, and tap
- Is a long-time member of the Agility Ballet Company
- Loves kids!

Catherine Deux

B.A Dance (Ballet) A.R.A.D.

- 11th season teaching at the University School of Dance!
- BA (Dance) from the University of Calgary
- Completed RAD Advanced examination (Distinction)
- Nursing student at the U of S

Meagan Fabian

- Experienced in ballet, jazz, modern, lyrical, hip hop, and musical theatre
- Former Spirit Flyer assistant and PAAL volunteer
- Currently and EA with the Separate School Division
- Former member of "Dance on the Prairies" Modern dance troupe

Sara Klippenstein

- 13th year teaching at the U of S
- Expertise in Jazz, Tap, and Hip Hop
- Has won numerous awards and medals through competition
- Completed certificate in C.D.T.A. (Tap) Stage Division

Madison Kowerchuk-Webster

B.KIN

- Trained at the USD for 17 years in ballet, jazz, and lyrical
- Teaching assistant in the school for many years
- Volunteer with PAAL

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2017-2018 Schedule

Creative Dance (Must be 4 or 5 years old by December 31, 2016)

Creative Dance (4 years)	Sat 10:00-10:30 am	PAC 101	\$400
Creative Dance (5 years)	Sat 10:30-11:15 am	PAC 101	\$450
Creative Dance (5 & 6 years)	Tues 5:45-6:30 pm	Will 129	\$450
Creative Dance (7 & 8 years)	Tues 6:30-7:30 pm	Will 129	\$500

Ballet: Royal Academy of Dance Children's and Vocational Work

Pre-Primary Ballet (6 years)	Sat 11:15-12:00 pm	PAC 101	\$450
Primary Ballet A (7-8 years)	Sat 12:45-1:45 pm	PAC 101	\$500
Primary Ballet B (7-8 years)	Mon 5:00-6:00 pm	Will 123	\$500
Grade 1	Sat 1:45-2:45 pm	PAC 101	\$500
Grade 2	Sat 2:45-3:45 pm	PAC 101	\$500
Grade 3	Wed 5:15-6:15 pm	PAC 101	\$500
Grade 4	Wed 6:15-7:15 pm	PAC 101	\$500
Grade 5	Wed 7:15-8:15 pm	PAC 101	\$500
Grade 6	Thurs 6:15-7:15 pm	PAC 101	\$500
Open Advanced	Mon 5:30-6:30 pm	PAC 101	\$500
Beginner A Pointe	Thurs 5:30-6:15 pm	PAC 101	\$450
Intermediate B Pointe	Thurs 7:15-8:00 pm	PAC 101	\$450
Beginner Ballet (9-11 yrs)	Mon 7:00-8:00 pm	Will 123	\$500
Teen Ballet (12 yrs and up)	Mon 8:00-9:00 pm	Will 123	\$500

Jazz

Pre-Beginner Jazz (6-8 yr)	Sat 12:00-12:45 pm	PAC 101	\$450
Beginner Jazz A (7-9 yr)	Mon 6:00-7:00 pm	Will 123	\$500
Beginner Jazz B (7-9 yr)	Tues 5:30-6:30 pm	Will 123	\$500
Pre-Elementary Jazz	Tues 5:45-6:45 pm	PAC 101	\$500
Elementary Jazz	Tues 6:45-7:45 pm	PAC 101	\$500
Intermediate Jazz	Tues 7:30-8:30 pm	Will 123	\$500
Advanced Jazz	Tues 8:45-9:45 pm	PAC 101	\$500
Novice Jazz (9-11 yrs)	Tues 6:45-7:45 pm	Will 129	\$500
Teen Jazz (12 yrs and up)	Tues 8:30-9:30 pm	Will 123	\$500

Lyrical Jazz

Junior Lyrical Jazz	Thurs 5:45-6:45 pm	Will 129	\$500
Intermediate Lyrical	Tues 6:30-7:30 pm	Will 123	\$500
Senior Lyrical Jazz	Tues 7:45-8:45 pm	PAC 101	\$500

Contemporary

Contemporary (12 yrs and up)	Thurs 8:00-9:00 pm	PAC 101	\$500
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Musical Theatre

Musical theatre (9-11 yr)	Thurs 6:45-7:45 pm	Will 129	\$500
Musical Theatre (12 yr and up)	Thurs 7:45-8:45 pm	Will 129	\$500

Hip Hop

Beginner Hip Hop (9-11)	Wed 6:30-7:30 pm	Will 123	\$500
Intermediate Hip Hop (12+)	Wed 5:30-6:30 pm	Will 123	\$500

Highland Dance

Beginner Highland	Mon 5:45-6:45 pm	Will 129	\$500
Experienced Highland	Mon 6:45-7:45 pm	Will 129	\$500

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Tap Dance			
Beginner Tap A (6-8 yrs)	Mon 5:00-5:45 pm	Will 129	\$450
Beginner Tap B (6-8 yrs)	Thurs 6:30-7:15 pm	Will 123	\$450
Level 1 Tap	Thurs 5:45-6:30 pm	Will 123	\$450
Level 2 Tap	Sat 3:00-3:45 pm	Will 123	\$450
Level 3 Tap	Sat 12:00-12:45 pm	Will 123	\$450
Level 4 Tap	Sat 2:15-3:00 pm	Will 123	\$450
Level 5 Tap	Sat 1:30-2:15 pm	Will 123	\$450
Novice Tap (9-11 yrs)	Wed 6:00-6:45 pm	Will 129	\$450
Teen Tap (12 yrs and up)	Wed 7:45-8:30 pm	Will 129	\$450
Wheelchair Dance			
Kids in Motion (Junior Level)	Thurs 4:30-5:30 pm	PAC 101	\$500
Agility Ballet Company	TBA		
Spirit Flyers			
Beginners (Child)	Sat 11:15-12:00 pm	Will 123	\$450
Experienced (Child)	Sat 12:45-1:30 pm	Will 123	\$450
Intermediate	Sat 4:00-5:00 pm	PAC 101	\$500
Advanced	Sat 5:00-6:00 pm	PAC 101	\$500
Yoga Dance - 10 weeks (price per term)			
4-6 years	Sat 11:15 am-12:00 pm	Will 129	\$100
7-9 years	Sat 12:00-12:45 pm	Will 129	\$100
10-12 years	Sat 12:45-1:45 pm	Will 129	\$150
Adult Dance Classes			
Adult Ballet (Beginner)	Wed 8:15-9:15 pm	PAC 101	\$150
Adult Ballet (Intermediate)	Monday 6:30-7:30 pm	PAC 101	\$150
Adult Ballet (Experienced)	Mon 7:30-8:30 pm	PAC 101	\$150
Adult Jazz/Hip Hop (Beginner)	Tues 8:30-9:30 pm	Will 129	\$150
Adult Jazz (Experienced)	Thurs 8:45-9:45 pm	Will 129	\$150
Adult Tap (Beginner)	Thurs. 8:45-9:30 pm	Will 123	\$100
Adult Tap (Intermediate)	Thurs 7:15-8:00 pm	Will 123	\$100
Adult Tap (Experienced)	Thurs 8:00-8:45 pm	Will 123	\$100
Adult Modern (Beginner)	Tues 7:30-8:30 pm	Will 129	\$150
Adult Hip Hop (Exp. only)	Wed 8:30-9:30 pm	Will 123	\$150
Adult Contemporary (Exp. only)	Wed 7:30-8:30 pm	Will 123	\$150
Adult Highland	Mon 7:45-8:45 pm	Will 129	\$150

See Adult Fee Schedule
on page 45

Staff

Erica Osterried

B. ED

- Former dancer with the U of S School of Dance
- Experience in tap, jazz, ballet, and lyrical
- Assistant for many years with the Spirit Flyers program

Amanda Plante

B. Sc. (Biology), M. Sc. (Toxicology)

- Registered Yoga Teacher, 200-RYT with Yoga Alliance
- Registered Children's Yoga Teacher, RCYT with Yoga Alliance
- Certified Let Your Yoga Dance Instructor
- Certified Integrative Amrit Method Yoga Nidra Facilitator

Josie Roden

- Dancer with Abiding Lines Dance Company
- 4th year Computer Science student at the U of S
- Member of the National Tap Team 2014
- Member of the National Hip Hop team 2016

Krista Sharp

- Currently working on Education Assistant Certificate at Sask. Polytechnic
- Arts and Science Honor student at U of S
- Experience in ballet, jazz, lyrical, modern, and hip hop
- Children's Ministry summer program coordinator

Jodi Simpson-Liburdi

B.Sc. (KIN), B. Ed, PGD (Special Education)

- 14th year teaching at the University School of Dance.
- Expertise in creative dance/jazz, CDTA tap, and teaching children with special needs.
- Instructor for Spirit Flyers and Kids in Motion Junior Dance Team.
- Coordinates the College of Kinesiology's PAAL program.
- High School Special Education Teacher in Saskatoon Separate Schools.

Mariana Souza

A.R.A.D. (Adv.) Dance Diploma (Sao Paulo, Brazil)

- 3rd year Kinesiology Student
- Completed RAD Adv. 2 examination
- Former teacher at Lucianne Murta Escola de Ballet (Brazil)
- Certification in Russian Ballet methodology

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