

P.A.A.L. (Physical Activity for Active Living)

The PAAL Camp (Physical Activity for Active Living) is a camp designed for children and youth between the ages of 5 and 18 who are visually and/or hearing impaired, physically and/or developmentally delayed. This summer the camp provides many opportunities to be physically active, socialize with others, work on skill development and have lots of "FUN IN THE SUN." Volunteers will be assisting the participants through the various activities during the week which include soccer, golf, tennis, track & field, swimming, nature hikes, grass games. For additional information please call Jodi Simpson or Kim Jones – 966-1003.

CHILD P.A.A.L. (Ages 5 – 10)				
EDUCATION BUILDING - POOL, GYM , PLAYROOM				
Monday to Friday	9:00-12:00 pm	August 21 to 25, 2017		\$150.00

TEEN P.A.A.L. (Ages 11 to 18)				
EDUCATION BUILDING - POOL, GYM , PLAYROOM				
Monday to Friday	1:30-4:30 pm	August 21 to 25, 2017		\$150.00

P.A.A.L.

B.O.A.T. (Boat Operator Accredited Training) Course

What is B.O.A.T.?

Canada Coast Guard states that, "In time all operators of power driven craft based for recreational purposes will be required to have an operators card." The course has been developed because of the drowning prevention mandate and the safety focus in the Canada Coast Guard.

MINI COURSE (People with a boating background)					
Saturday	May 6, 2017	8:00-2:00 pm	PAC		\$65.00
Monday & Thursday	June 5 & 8, 2017	8:00-2:00 pm	PAC		\$65.00

EXAM CHALLENGE (people comfortable with the boating regulations as defined by Transport Canada)					
Saturday	May 6, 2017	1:00-2:00 pm	PAC		\$30.00
Thursday	June 8, 2017	1:00-2:00 pm	PAC		\$30.00

BOAT

